

“Keep Them Smiling”



Child Dental Benefits Schedule

Financial support for basic dental services for children aged 2-17

With school holidays quickly approaching, take the opportunity to bring your children down for their regular check-ups and make the most of the Child Dental Benefits Schedule (CDBS)

You may ask...

What is this scheme and are my children entitled?

The CDBS is a new dental benefits program that entitles children and teenagers aged between 2-17 years access to up to \$1000 (over two consecutive calendar years) in benefits for dental services such as Exam, x-rays, Cleaning, Fillings and Extractions. There is no need to register your children for this scheme, a letter should be automatically sent to each eligible child by the Australian Government.

Will I be out of pocket for my child's treatment?

Good news!! There is no out of pocket expense for treatment as it is Bulk Billed.

If you have any further queries regarding the Child Dental Benefits Schedule please do not hesitate to contact Amy or Chantelle, our friendly front office team.

Introducing the newest member of the Divine Smiles Team

Dr Jasmeen Kaur

Dr Jasmeen Kaur graduated from Otago University, New Zealand in 2007 with First Class Honours. Jasmeen enjoys all aspects of Dentistry and is focused on building trusting relationships with all her patients. Her key strengths are her gentle, caring and approachable nature.

Some areas of interest for Dr Jasmeen are Craniofacial pain and Temporomandibular Dysfunctions (TMJ), alongside Children's Dentistry and Orthodontics. Jasmeen has undertaken numerous continuing courses in many areas of dentistry and completed her Mini residency in Orthodontics in 2013; she is a member of the Australian Dental Association and the International Association of Orthodontists.

Prior to her role here at Divine Smiles Dr Jasmeen worked in Sydney for several years and has now relocated to Brisbane with her husband and eight month old daughter. Apart from Dentistry, her other interests include cooking, yoga, swimming and her daughter.

Jasmeen is passionate about restoring people's confidence by creating fantastic smiles and would love to help you achieve this. As Dr Jasmeen's books are filling up fast, if you are due for a regular check-up and clean, having some concerns or are wanting to bring your children in to take advantage of the Child Dental Benefit schedule, please do not hesitate to contact us and book an appointment today!



Keep your teeth healthy over the Easter Break



Easter is just a hop around the corner and with Easter festivities comes lots of sweets and treats. It is ok to enjoy such foods, however it is important to maintain great oral hygiene to help prevent decay and tartar build up. Here at Divine Smiles Alana is the Head of our Oral Hygiene Department and she has some handy tips to encourage great oral health this Easter.

When enjoying the Easter treats, drink plenty of water after eating sweets or fizzy drinks to help reduce the acid in the mouth and prevent decay.

Brushing – It is important to clean all surfaces of the teeth so make sure to brush the top and sides as well as your gums. Your gums play a very important part as they help to keep the teeth strong and stable so it is important that they are cleaned just as well as the teeth themselves. With great brushing both tooth decay and gum disease can be prevented.

Flossing- Yes it may take some extra time but flossing is extremely important. Flossing helps to clean between the teeth, to remove debris that your toothbrush may not be able to reach, it also helps to reduce Tartar build up quite commonly noticed behind the front lower teeth. Some people find that when they floss their teeth their gums may bleed, this **is not** an indication to stop flossing. Bleeding gums usually indicates inflammation. So to reduce the inflammation flossing is essential.

Along with home maintenance it is important to attend the dentist every six months for an Exam and clean, avoiding the six monthly visits can result in tartar accumulation which can lead to gum disease and decay. Regular visits help to eliminate the need for major dental work if detected early. Tartar deposits are best removed by having a professional clean by an Oral Health Therapist. Alana is extremely thorough and gentle. Alana enjoys seeing her regular patients as well as welcoming new ones.



Alana Gacayan- OralHealth Therapist

Kids' Corner: Colour me in

