

# WELCOME BACK!!!

It's an understatement to say that these newsletters have been forgotten for a little while..

Now they are back and better than ever to help you understand dentistry and how important it is in our daily lives. With new information at your fingertips as well as helpful hints on how to make oral hygiene easy, new products available, introducing staff members, updates on patients and a children's corner. Divine Smiles welcomes you to your dental adventure with open arms.



## Simple Helpful Hints

At Divine Smiles we know how important your teeth are and we strive to help you in the ongoing battle of oral hygiene. Unfortunately oral hygiene isn't something you can 'worry about later' it's an extremely important part of our lives right now and is something we need to look after throughout our entire lives. Some simple tips are:

- ♥ Brush twice a day (Morning and Night)
- ♥ Use a soft bristle toothbrush
- ♥ Brush in small circles around each individual tooth
- ♥ Floss at least once daily
- ♥ Replace your toothbrush every three to four months
- ♥ Visit us at Divine Smiles every six months for a thorough examination and clean by our friendly hygienists, to keep that unfriendly plaque away.



## Product Profile

*Have large gaps that make flossing near impossible?*

Piksters could be your solution. The way this product is designed is to get in the gaps between the teeth, which could be difficult with floss. It's created to be like a toothpick with bristles, meaning they're a convenient necessity to remove food and plaque that become trapped between teeth. With the ability to be used one-handed most Piksters users find this product easier to use than floss, especially people that have implants, crown and bridgework, braces or periodontal disease – those who need to pay extra attention to their teeth and gums, to keep their dental procedures on track.

Piksters come in 8 sizes creating an opportunity for almost all users, and with the help of our friendly hygienists we can assist in finding the perfect size for you.

Piksters are also reusable and every brush has its own cap, so once you're finished cleaning all you need to do is just rinse the brush. These brushes were designed to be compact, so they can be at hand where ever you need them. For more information you can ask our friendly staff or log onto their website [www.piksters.com/](http://www.piksters.com/)

**Piksters™**  
Interdental Brushes



## Top Stories – Patient's Take Over

### *Birthdays:*

In the practice we have quite a few Birthdays in October.

♥ Dr Das

♥ Alana

♥ Stacey

♥ Liz

♥ Katherine

### *Jason & Shirley Woodward*

On the 6<sup>th</sup> of October Jason and Shirley will celebrate their 21<sup>st</sup> Wedding Anniversary. Congratulations, we hope you two have a wonderful day and continue to cherish each moment together as the years go on.



*As of yet there are hardly any updates, if you would like to be part of our newsletter please don't hesitate to let us know. Some ideas could be: Going on holidays, A birthday (your own or a family members), An anniversary, A wedding, Birth of a child or just a lovely picture you would love to see in our newsletter.*

## Kid's Corner

Now for you kiddies, I've made an awesome Word-search for you. If you're not sure of the meaning of any words, next time you visit ask one of our friendly staff.

Newsletter: September - October

Name: \_\_\_\_\_

Date: \_\_\_\_\_

### Dental Word Search

G	A	P	D	E	N	T	I	S	T	N	P	K	Z	B	Q	O
P	U	B	L	I	M	P	L	A	N	T	S	D	I	Y	O	C
I	T	C	E	A	O	R	A	L	H	Y	G	I	E	N	E	X
K	R	H	I	N	Q	A	G	R	O	G	B	M	T	C	P	I
S	Y	M	T	G	R	U	A	S	Q	X	I	Y	D	V	I	R
T	E	I	W	H	I	T	E	N	I	N	G	N	D	R	G	L
E	E	W	I	S	D	O	M	T	E	E	T	H	D	I	G	U
R	E	E	A	D	I	V	I	N	E	S	M	I	L	E	S	A
S	R	C	T	F	Y	M	Y	H	Y	G	I	E	N	E	M	K
V	W	X	R	H	X	G	U	M	S	N	B	X	O	N	I	Y
Z	D	E	N	T	A	L	A	S	S	I	S	T	A	N	T	K

Dental Assistant  
Gums  
Oral Hygiene  
Teeth

Dentist  
Hygiene  
Piksters  
Whitening

Divine Smiles  
Implants  
Plaque  
Wisdom Teeth



## Meet the Staff

My name is Brittany and I'm now writing the Newsletters, which I'm extremely excited about. Since I now wield the power, I thought I'd introduce myself first.



I'm the baby of the team (by the way I'm the one on the left) and I'm also quite shy, though I'm trying to be more outgoing (Keyword being 'Trying'). I love working at Divine Smiles as everyday is a new adventure which brings new challenges and new skills I didn't think I would earn so quickly.

I'm a sport fanatic with a passion for playing, coaching and watching different codes of sport. I guess you could call it my hobby, though it means a lot more. This obsession was inspired in me by my family; they're even crazier than I am about sport!

My sister is my inspiration (the little cutie on the right). She helps me to stay optimistic no matter what odds and to always use my manners, even though she only uses her inspirational qualities to get Sushi. I still feel her attitude toward life and sushi is something I should cherish.

## From the Front Desk

Hey Guys, just a quick message from the front office:

Due to school holidays our appointment books are looking quite full for the rest of the September period, but don't fret we have our book open for October, but spaces won't stay open long. So if you've just remembered you've just remembered you are due or in dire need of a professional cleaning, give the office a call and any of our friendly front office staff will be happy to arrange a suitable time.

From the Front Desk,  
Sarah, Chantelle & Vicki

### Opening times

Monday to Thursday

8:30am to 6:00pm

Friday

8:30am to 5:00pm

*Phone: (07) 3256 9566*

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